

Curriculum Vitae
Sally Mackenzie
(B.Sc. O.T.; B.Sc. Psych)

Biographical Details:

Name: Sally Fraser-Mackenzie (nee Mackenzie)

Born: 1974, Cape Town, South Africa

Driving Licence: Code 08 obtained in 1992

Languages: English home language, I speak Afrikaans and basic conversational Xhosa

Family:

Father - Civil Engineer Lecturer at University of Cape Town (deceased 1982)

Mother - Consultant Lecturer in Sociology University of Cape Town

Sister - Nurse

Sister - Masters in Occupational Therapy, specialized in children

Brother - PhD Physiology

Sister - Director of travel and environmental magazine

Husband - entrepreneur specializing in tourism and carpentry

Children - 2 boys (6 months and 3 years)

Education:

PRIMARY and SECONDARY EDUCATION:

Junior School: Herschel School (1979 - 1983); Wynberg Girls Junior School (1984-1986)

Senior School: Westerford High School (1987 - 1991)

School Leaving Certificate: Cape Senior Certificate, Full Matriculation Exemption, 1991.

B Aggregate

Subjects Passed: (all on Higher Grade), English, Afrikaans, Mathematics, Science, Biology, Geography

TERTIARY EDUCATION:

Bachelor of Science (Honours in Occupational Therapy) December 1995

University of Cape Town 1992 - 1995 (full time)

Final Year Results:

OT IVA 70

OT IVB 70

OT IVC 66

Title of Honours Project:

A description of factors relating to the use of effectiveness of Occupational therapy Home Programmes for children with learning disabilities aged 5 to 8 years.

Merit Award obtained for Honours Project

Bachelor of Science (Honours in Psychology) May 2002

University of South Africa 1996; 2000; 2001 (part time)

Achievements and Involvements during University Studies (1992 – 1995):

Occupational Therapy Class Medalist (1992)

Medical Faculty Student's Council (1993 and 1994)

Occupational Therapy Class Representative (1993 and 1994)

Student Health and Welfare Committee and Tutoring of Geography to Previously Disadvantaged Matric Students (1993 and 1994)

Intersity Committee (1993)

SAAOT Transformation Steering Committee (1994)

Merit Award for Honours Project (1995)

Clinical Experience:

As an O.T. student:

1992 Association for the Physically Disabled – 2 weeks

1993 Valkenberg Psychiatric Hospital Forensic Section and Industrial therapy – 2 weeks
Volks Neurological Hospital – 2 weeks

1994 Groote Schuur Neurosurgery and Orthopaedics – 6 weeks
Valkenberg Psychiatric Hospital Male Admissions wards – 6 weeks
Somerset Hospital Burns Unit – 6 weeks
McNulty House Geriatric Community Placement – 6 weeks

1995 Nursing Care Centre (Brisbane, Australia) – elective placement – 2 weeks
Mannenberg People's Counselling and training Centre, Community – 6 weeks
Princess Alice Orthopaedic Hospital Long Term – 6 weeks
Valkenberg Psychiatric Hospital Long term Care – 6 weeks
Red Cross Children's Hospital – 6 weeks

As a qualified O.T.:

1996-7 CAPE TOWN

1996 - 1997 Valkenberg Psychiatric Hospital (Male Admissions Unit and Forensics). This work included running an activity centre with group work for large numbers of psychotic patients; Supervision of students, OTA's, SASO's, volunteers and OT students; doing talks at schools to promote mental health; lecturing O.T. students on psychosocial assessment; and organizing patient functions.

1996 - 1997 Cle de Cap Old Age Home: part time sessions treating patients with Dementia and Parkinsons.

1998-Present KNYSNA

1998 - 2008 Running and managing two paediatric private practices treating Children (aged 0-12years), also burn patients, stroke patients, depression, anxiety (Knysna and Plettenberg Bay). Employing two other O.T.'s and a physiotherapist to work in my practices and sharing the work load.

1998 - 2000 FAMSA (Family and Marriage Association of South Africa) - Social skills training with adolescents and training volunteers to take over the workshops; and Parenting workshops

1999-2000 Hospice – Communication skills workshops for volunteers

2003 - 2005 Serenity Care Drug and Alcohol Rehab Centre – Life skills and social skills training

Additional Education:

Courses Attended:

1993 Diploma in Therapeutic Massage (part time evening course)
1993 St Lukes Hospice Volunteers training Course (Counselling in death, dying and bereavement)
1994 Aids Policy Formulation
1994 Music Therapy Seminars
1994 Communication with Children through Music
1994 Art as a Form of Healing (Art Therapy)
1994 Authority and Leadership Intensive Course
1998 First Aid Level 1
1999 Play Therapy course
1999 Filial Therapy workshop
1999 Developmental Touch therapy
1999 Short Term Therapy Techniques with Oppositional and Defiant Children and Adolescents workshop
2000 Sensory Integration Theory Course
2000 Sensory Integration Test Mechanics Course
2001 Sensory Integration Test Interpretation Course
2002 Alert Programme in Paediatrics
2002 Sensory Integration Treatment Course
Southern Californian Sensory Integration Test (SCSIT) Certified
2003 SI Congress "In touch with SI worldwide - under Africa Skies"
2004 Brain Gym course
2004 Group work in Paediatric Occupational Therapy
2005 SAISI AGM and workshop "New Directions in Sensory Integration"
2006 SAISI AGM and workshop "Evolving into the future"
2006 Specialized Techniques for Measuring Sensory Integration
2006 Implication and Interpretation of the Sensory Integration and Praxis test (SIPT)
Sensory Integration and Praxis Test (SIPT) Certified
2007 Diagnosis and Treatment of Babies (0-3 years)
2007 SAISI AGM and workshop "Nurturing our Roots"
2008 Sensory Integration Treatment Course
2005-2008 Organized quarterly Sensory Integration Meetings in the region keeping up to date with developments and journals
2005-2008 Organized monthly Multi-disciplinary Meetings in the region with discussion topics and book reviews

Courses presented to O.T. Colleagues:

2003 Sensory Integration Treatment Course (Cape Town)
2004 Fine and Gross Motor Coordination (Knysna)
2004 Sensory Integration Treatment Course (Pretoria)
2006 Sensory Integration Treatment Course (Joburg)
2007 Alert Programme for Children and Adolescents (Knysna and Jeffreys Bay)

Regular Courses presented to Parents of Clients, teacher and fellow professionals:

Parent enrichment courses (2002-2008) (Joburg, Knysna, Plettenberg Bay)
Sensory Motor Strategies for the Home and Classroom (Sensory Integration) (2001-2008) (Cape Town, Knysna, Plettenberg Bay, Segdefield and George)
Baby Sign Language workshops (2006-2008) (Knysna)
Organized monthly Support Groups for Parents of Children with Special Needs in Knysna (2003-)

Publications:

2002 A set of 5 books for Children:

- "Sensitive Squelch's Hide Out" - A story about a frog with Sensory Defensiveness
- "Frumpy Gets in a Knot" - A story about an elephant with Motor Planning Difficulties
- "Asteracea's B's and D's" - A story about an owl with Perceptual difficulties
- "Nyabile's Sports Day" - A story about a giraffe with Bilateral Integration Difficulties
- "Verget's Monkey Problems" - A story about a monkey with Low Muscle Tone

Books reviewed in:

- 2002 (Vol 12, 2) SAISI Newsletter with Interview
- 2003 (Vol 11, 5) Occupational Therapy News (UK publication)
- 2003 (Vol 22, 2) SAALED News (South Africa Association of Learning and Educational Difficulties)

SAISI News Publication:

- 2002 Vol 12 (2) Occupational Therapy Intervention with a Child with Half a Brain - a Case Study
- 2004 Vol 14 (3) Sensory Diet
- 2005 Vol 15 (1) Book reviews
- 2005 Vol 15 (3) Activity Ideas
- 2005 Vol 15 (3) Book reviews
- 2007 Vol 17 (2) Book reviews
- 2007 Vol 17 (3) Sign Language for Hearing Babies

INSTOPP (Institute for O.T.'s in Private Practice) Publication:

- 2005 Vol 1 Sensory Diet
- 2005 Vol 1 The Effects of Parenting Styles (child rearing practices) on the Development of Pro-social Behaviour of Children in Early and Middle Childhood.
- 2005 Vol 1 An Inspiring Story - OT making a difference to someone's life over a long time and at others times a vast difference in a short time
- 2005 Vol 4 Ritalin and Drug Abuse Debate
- 2006 Vol 2 Statistics on a Small Town Learning Disability Practice

Board and Committee involvement:

- 2005-2008 SAISI Board (South Africa Institute of Sensory Integration) - faculty Treatment
- 2006-2008 Oakhill Board of Governors (Local Private School) - portfolio: bursaries
- 2006-2007 INSTOPP Board (Institute of Private Practitioners) - local area representative
- 2004-2008 OTASA Standing Committee (Occupational Therapy Association of South Africa) - SAISI and INSTOPP Representative
- 2004-2007 SAALED (South African Association of Learning and Educational Difficulties) Branch Committee

Awards:

- 2003 Personal Service Award (Knysna Chamber of Business)